



There are many different kinds of blood tests to tell a doctor if the liver is damaged. One of the most common blood tests used will measure alanine aminotransferase (ALT for short) levels in your blood. ALT's are chemicals that are released by the liver into the blood when the liver is

## What is Alt?

damaged or sick. ***High levels of ALT can be caused by many things like alcohol, drugs, toxins, and viruses such as hepatitis C (HCV or Hep C for short).***

Unfortunately, it is not a perfect test for people with HCV – most people with normal ALT levels will have little damage, but some people can still have ongoing liver damage.

### REMEMBER

- If your ALT level is high it means that something is going on in the liver, but it could be caused by many things.
- Many people with normal ALT levels will not have liver damage, but for some people with HCV and normal ALT levels the liver will become damaged over time.

**Get Tested. Get Treated. Get Cured.**

[www.hcvadvocate.org](http://www.hcvadvocate.org)



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