Hepatitis C (HCV for short) affects some groups of people differently than others. There are differences in the number of people infected with HCV and how quickly or slowly Hep C damages the liver.

There are at least twice as many African Americans who are infected with HCV than whites who are infected with HCV. African Americans are also more likely to be infected with a certain strain of HCV called genotype 1.

The good news is that many experts believe that HCV disease may advance more slowly in African Americans than in whites. The reason for this is not clear and there needs to be more information to really confirm this fact.

There are many drugs to treat hepatitis C. Talk with your doctor to find out if you should be treated and what types of HCV medications you should take to treat HCV.

Remember……..

✦ Talk with your doctor about ways to stay healthy.
✦ Try to eat a healthy diet that includes a lot of fruits, vegetables, and lean meat.
✦ Talk with your doctor about an exercise program that is right for you.
✦ Find out whether HCV treatment is what you need.