



Hepatitis C (Hep C for short) is spread by blood-to-blood contact. Getting HCV from sex does not happen very often, but it can happen especially if there is blood during sex.

Gay Men, Sex & HCV

There have been, however, higher rates of sexual transmission among HIV-positive gay men and among HIV-positive men who have sex with men. The reasons for the higher transmission rates appear to be due to rough or dry anal (ass) sex, fisting, having another sexually transmitted disease, or having sex with a lot of different people.

If you think you may have been exposed to Hep C ask your doctor to test you. Since Hep C and HIV are spread in similar ways, people with HIV should be tested for Hep C.

The good news is that if you are infected with Hep C there are many things you can do to stay healthy like eating well, exercising, avoiding alcohol, and taking HCV drugs that can cure up to 100% of people who take the medications.

REMEMBER

- Hep C is spread by blood-to-blood contact, but remember that blood can be present even if you can't see it
- Protect yourself by practicing safer sex
- Do not share needles or works (cookers, cottons, water, etc.)
- Do not share toothbrushes or razor blades
- Cover open cuts or wounds

Get Tested. Get Treated. Get Cured.

www.hevadvocate.org



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