

# EASY C FACTS

The hepatitis A (HAV) virus lives in feces (stools or poop). The main way you can get HAV is by getting HAV-infected poop into your mouth. You can also get it by eating raw or undercooked shellfish, having anal-oral sex (rimming), and from drinking water that has raw sewage (poop) in it.

## What Is Hepatitis A?

HAV attacks the liver. Symptoms include feeling tired, feeling sick to the stomach, vomiting, fever, diarrhea, and dark urine. Most people can recover from an HAV infection and are protected from getting it again. But some people can get very sick and even die. This includes people with HCV and hepatitis B (HBV), the elderly, the homeless population and people who inject drugs. For this reason, all of these populations should get the HAV vaccine.

## REMEMBER

You can prevent HAV by...

- Get vaccinated if not already protected. It is important if you have hepatitis C that you are protected from getting HAV and hepatitis B.
- Wash your hands with soap and water for at least 15 to 20 seconds especially before preparing food, after using the toilet or anytime you get poop on your hands.
- Practice safer sex.

**Get Tested. Get Treated. Get Cured.**

[www.hcvadvocate.org](http://www.hcvadvocate.org)



HEPATITIS C  
SUPPORT PROJECT

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