

EASY C FACTS

Porphyria Cutanea Tarda (PCT)

Porphyria Cutanea Tarda skin that are exposed to the (“poor-fear-ree-a tar-da”) sun. The skin can become also called PCT is a condition that affects the skin. red, blister, develop a rash and the area may peel.

PCT can be caused by many things such as heavy alcohol use over many years, too much iron in the liver and by infections such as hepatitis C (HCV for short). There is a blood test to find out if someone has PCT. There are many steps to treat PCT such as the removal of blood to control the level of iron in the blood. Avoiding the sun,

The most common symptoms are blisters and skin problems on the hands, arms, neck and face. It can be worse on the parts of the wearing protective clothing, and not eating certain foods that contain iron will help to control PCT. Treating HCV will also help to control PCT.

Remember:

- ◆ PCT can be caused by HCV
- ◆ HCV Treatment can prevent and/or help to control PCT
- ◆ Talk to you doctor or nurse if you think you may have PCT
- ◆ If you can't afford the medications to treat HCV check out our fact sheet: [Patient Assistance Programs](#)

For more information about these conditions visit our HCSP Fact Sheets

www.hevadvocate.org

