Taking HCV Meds – Adherence –

**REMEMBER**

- There are many ways to remind you to take the drugs such as leaving them in the same place, setting alarms, using pill boxes, using apps on your phone, calendars etc.,

- Make sure to tell your doctor and nurse about any medications or herbs you take. Also tell them about any over the counter drugs you take— they may affect how well the Hep C drugs work

- The Hep C drugs can make some people a little sick—make sure to talk with your doctor or nurse so they can help you

- The drug companies have resources that can help you during treatment and nurses on call that can answer questions.

**Patient Assistance Program Fact Sheet:** [http://hcvadvocate.org/hepatitis/factsheets_pdf/Patient_Assistance_Programs.pdf](http://hcvadvocate.org/hepatitis/factsheets_pdf/Patient_Assistance_Programs.pdf)

- Be sure to keep all of your medical appointments and get blood work done

- Try to take all of the Hep C pills but remember no one is perfect. If a dose is missed, talk to your doctor or nurse about when to take the next dose and move on—no one benefits from guilt

Get Tested. Get Treated. Get Cured.