

EASY C FACTS

Lichen Planus

Lichen Planus – (pronounced “like-n plan-us”) is a condition that affects the skin. It can affect anyone, but many people with hepatitis C (HCV for short) seem to have LP more than other people. LP can be caused by infections (like HCV), stress, certain drugs, and is seen in more women than men. LP can affect the mouth, skin, hair, penis, vagina, and nails. It looks like white lines that connect, painful sores of the mouth and itchy bumps.

There are many ways to help LP including drugs (taken by mouth and applied to the skin), oatmeal baths, staying away from alcohol, tobacco, certain foods, avoiding the sun, wearing clothes to protect from the sun, and taking care of teeth/mouth.

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Remember:

- ◆ LP is a skin condition that can affect anyone and can lead to many problems all over the body
- ◆ There are many things you and your doctor or nurse can do to help
- ◆ Make sure to have your doctor or nurse put any symptoms or disorders in your medical records
- ◆ If you do not have LP consider HCV treatment – being cured of HCV might prevent LP
- ◆ If you can't afford the medications to treat HCV check out our fact sheet: [Patient Assistance Programs](#)

For more information about these conditions visit our HCSP Fact Sheets

www.hevadvocate.org



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