

EASY C FACTS

Sex & HCV

Getting hepatitis C (HCV or Hep C for short) by having sex is uncommon, but it could happen if someone has sex with a lot of different people, and engages in risky behavior.

Most experts believe that the risk of spreading Hep C is very low in people who are in a long term (many years) sexual relationship with just one person. But if you are

worried about giving or getting hepatitis C than use condoms (rubbers) during sex.

People who have many sex partners or who have sexually transmitted diseases (STD's) should always use rubbers and take other precautions, such as covering any open cuts or wounds since these could pass Hep C during sex. Hep C is also easier to spread while a woman is on her period.

Remember.....

- ◆ Getting Hep C during sex doesn't happen very often.
- ◆ If there is any blood during sex then you should use rubbers or other protection.
- ◆ If you have sex with many different people use rubbers to protect from getting or giving Hep C and STD's.
- ◆ Talk with your health care person (doctor, nurse, or counselor) for advice on how to stop the spread of HCV.

www.hcvadvocate.org